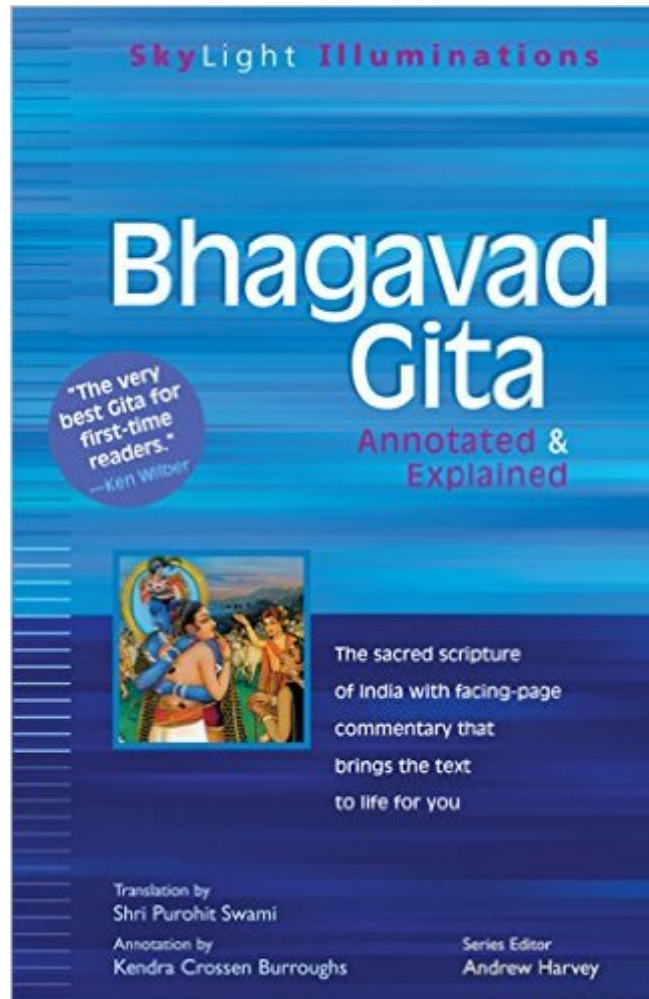


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# Bhagavad Gita: Annotated & Explained (SkyLight Illuminations)



## Synopsis

An ancient classic that can become a companion for your own spiritual journey. Millions of people turn daily to India's most beloved holy book, the Bhagavad Gita ("Song of the Lord"), to instruct their spiritual practice. A Hindu classic, it has universal appeal for people of all faith traditions who turn to its inspirational support in the struggles of life, its consolation in times of grief and its deeply moving promise of God's love and guidance. Composed in Sanskrit verse thousands of years ago, this timeless text tells the story of a distraught warrior on the verge of battle and the compassionate counsel he receives from Krishna—God in human form. In just seven hundred lines, the Gita presents concise teachings on such topics as the immortality of the soul, meditation and yoga, worship and sacrifice, the ideal of selfless action and the oneness of all life in the Divine. Now you can read and understand the Gita with no previous knowledge of Hinduism required. This SkyLight Illuminations edition offers insightful yet unobtrusive commentary that explains references and philosophical terms, shares the inspiring interpretations of famous spiritual teachers and addresses questions such as the inner meaning of India's caste system and why this sublime discourse on inner peace is set against the background of a violent civil war.

## Book Information

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## Customer Reviews

In my experience Kendra Crossen Burroughs is one of the best editors in the field of Eastern spiritual literature and texts. As well as working freelance, she has been a long-term editor on the staff of Shambhala Publications, and I was happy to have her involved in a book that I had

published by Shambhala, although not a book in Eastern thought. I was very excited when I heard that Kendra was doing this book for Skylight Paths, since the Gita has been one of my, and many other people's favorite and most important spiritual sources, and I eagerly looked forward to its appearance. If I wasn't one of the first people in the world to buy a copy, at least I was one of the first on my block. I was not disappointed. If I was, I would have never written this review. A blurb on the cover by renowned authority, Ken Wilber, says, "The very best Gita for first time readers." This is one of the rare occasions when a blurb is absolutely true. But, the further truth is that Burroughs's annotations make this a book for the experienced reader of the Gita as well. Burroughs has consulted and used over twenty other translations in her annotations to this particular translation that she uses, the 1935 one by Shri Purohit Swami, and this scholarship, plus Burroughs' own personal experience, make this a valuable book for a reader of any degree of experience. Besides Burroughs' own brilliant annotations, Skylight has done an innovative and equally brilliant job of format, where the annotations are on one page, and the reference text is on the facing page, so that the reader has the annotations right at hand as s/he reads, and does not have to thumb through to the back of the book or chapter to look them up.

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